

Global Mental Health: Youth Responsibility



The number of people affected by mental health issues is increasing permanently all over the world. There is a lack of education concerning such serious problems. People suffering often do not know that they are affected and that they could feel better by seeking treatment. That is why India Peace Centre and the Institute of Mental Research & Rehabilitation organised a programme on the 24th of August focussing on different mental health problems and their causes.

The discussion was lead by university professors such as Prof. Dr. Dinesh Janbandhu and Prof. Dr. Savita Chivende. There were also psychology students from Germany and Belgium talking about mental health issues in their countries and how people suffering from those problems are treated. In the end there was an open discussion.